



392 Graham Avenue  
 Winnipeg, MB R3C 0L4  
 T: 204-66TWIST  
 F: 204-942-6354

**PHONE IN & TAKE OUT!  
 WE CATER TOO!**

www.twistcafe.com

**Regular Beverage = 12 oz.      Large Beverage = 16 oz.**

## BREWED COFFEE AND TEA

		Per Pot	Regular	Large
<b>Coffee</b>	medium roast, dark roast, decaf	9.30	1.60	1.80
<b>Tea</b>			1.60	1.60
<b>Hot Chocolate</b>	steamed milk, chocolate, whip cream		2.75	3.10
<b>London Fog</b>	Earl Grey tea, vanilla, hot water, steamed milk		3.00	3.60

## ESPRESSO

			Regular	Large
<b>Cappuccino</b>	espresso, steamed milk, foam		2.75	3.35
<b>Latte Caffe</b>	espresso, steamed milk		2.75	3.35
<b>Vanilla Latte</b>	espresso, vanilla, steamed milk, whip cream		3.20	3.80
<b>Mocha Latte</b>	espresso, chocolate, steamed milk, whip cream		3.20	3.80
<b>Caramel Latte</b>	espresso, caramel, steamed milk, whip cream		3.20	3.80
<b>Green Tea Latte</b>	green tea matcha, special steamed milk blend		3.00	3.60
			Single	Double
<b>Espresso</b>	espresso		1.60	1.95
<b>Americano</b>	espresso, hot water		1.60	1.95
<b>Espresso Macchiato</b>	espresso, foam		1.75	2.10
<b>Espresso Con Panna</b>	espresso, whip cream		1.75	2.10

**Add Flavour Shot .50    Made With Soy .50**

## ICED ESPRESSO

			Regular	Large
<b>Iced Caffe Latte</b>	espresso, milk over ice		2.75	3.35
<b>Iced Vanilla Latte</b>	espresso, vanilla, milk over ice with whip cream		3.20	3.80
<b>Iced Mocha Latte</b>	espresso, chocolate, milk over ice with whip cream		3.20	3.80
<b>Iced Caramel Latte</b>	espresso, caramel, milk over ice with whip cream		3.20	3.80

**Add Flavour Shot .50    Made With Soy .50**

## SMOOTHIES

			Regular	Large
<b>Extreme Berry</b>	strawberry, raspberry, blueberry, blackberry		3.40	3.90
<b>Morning Glory</b>	raspberry, blueberry, banana		3.40	3.90
<b>Mango Madness</b>	mango, banana, peach		3.40	3.90
<b>Sunrise</b>	pineapple, blueberry, mango		3.40	3.90
<b>Peach Plus</b>	peach, raspberry, banana		3.40	3.90

**Add Vanilla Frozen Yogurt .80**

## AND MORE

			Regular	Large
<b>Apple Cider</b>	spiced & brewed our way		2.25	2.65
<b>Chai Latte</b>	chai tea, steamed milk, foam		3.00	3.60
<b>Iced Chai Latte</b>	chai tea, milk over ice		3.00	3.60
<b>Steamer</b>	flavour shot, steamed milk, foam		2.55	2.90
<b>Icer</b>	flavour shot, milk over ice		2.55	2.90
<b>Italian Soda</b>	flavour shot, soda water over ice		2.10	2.25

Prices subject to GST and PST. All prices subject to change without notice.

## FROM THE COOLER

<b>Juice</b>	apple juice, cranberry juice, orange juice	1.75
<b>Juice</b>	mango juice	1.95
<b>V8</b>		1.95
<b>San Pellegrino</b>	limonata, aranciata	1.75
<b>Bottled Water</b>		2.30
<b>Boylans</b>		1.45
<b>Pepsi</b>	pepsi, diet pepsi, 7UP, diet 7UP, Dr. Pepper, Diet Dr Pepper, Gingerale	2.35
<b>Snapple</b>		

## SANDWICHES AND SUCH

<b>Vegetarian Sandwich</b>	humus or tzatziki, cheddar, lettuce, tomato, onion, cucumber, sprouts on multigrain bread	5.15
<b>Roast Turkey Sandwich</b>	roast turkey, lettuce, tomato, onion, cucumber, sprouts, mozzarella, cranberry mayo on multigrain	6.25
<b>Roast Beef Sandwich</b>	AAA beef, lettuce, onion, mozzarella, dijon mayo on multigrain bread	6.25
<b>Egg Salad Sandwich</b>	egg salad, lettuce on egg bread	5.15
<b>Tuna Salad Sandwich</b>	solid white tuna, lettuce, tomato on marble rye	6.25
<b>Salmon Salad Sandwich</b>	wild sockeye salmon, lettuce, tomato on marble rye	6.25
<b>Sesame Chicken Wrap</b>	roast chicken, spinach, onion, red pepper, tzatziki, sesame sauce in whole wheat wrap	6.25
<b>Salami Sandwich</b>	salami, tomato, onion, aioli garlic mustard on marble rye	6.25
<b>Chicken Salad Sandwich</b>	dijon chicken salad, lettuce on multigrain	6.25
<b>Pork Loin Sandwich</b>	roasted pork loin, lettuce, tomato, onion, smoked gouda, apple sauce, dijon mayo on a lightly toasted onion bagel	6.25
<b>Focaccia Sandwich</b>	cappicola, roast turkey, lettuce, tomato, onion, roasted red pepper, smoked gouda, sundried tomato aioli on rosemary focaccia	6.99
<b>Ham Sandwich</b>	black forest ham, lettuce, tomato, provolone cheese, dijon mayo on multigrain	6.25
<b>Meat Loaf Sandwich</b>	meat loaf, lettuce, tomato, onion, aioli garlic mustard on marble rye	6.25
<b>Pesto Chicken Wrap</b>	roast chicken, lettuce, tomato, onion, feta, pesto mayo on a roma tomato wrap <i>... or customize your own!</i>	6.49
<b>Hot Dog</b>	grilled with mustard, relish, onion, tomato, dill pickle, hot pepper	3.25
<b>Add Soup to Sandwich</b>		Regular 2.89 Large 3.89

Prices subject to GST and PST. All prices subject to change without notice.

## SALAD

<b>Kinda Greek Salad</b>	a mix of iceberg & romaine lettuce, carrots, red cabbage, tomato, red onion, cucumber, black olives, tossed in a kinda Greek dressing	5.50
<b>Tossed Salad</b>	a mix of iceberg & romaine lettuce, carrots, red cabbage, tomato, red onion, cucumber, croutons tossed in our own balsamic vinaigrette	4.75
<b>Caesar Salad</b>	romaine lettuce, creamy dressing, croutons, topped with asiago cheese	5.50
<b>Add Side Salad to Soup or Sandwich</b>		
	Kinda Greek Salad	2.85
	Tossed Salad	2.25
	Caesar Salad	2.85

## WHAT'S THE SOUP

*Check our website to see our daily soups!*

	Regular	Large
<b>Soup</b>	3.59	4.59
<b>Chili</b>		5.49
<b>Add Soup to Sandwich</b>	2.89	3.89

## JUST FOR KIDS

<b>Peanut Butter and/or Jam Sandwich</b>	choice of bread	2.99
<b>Cheese Sandwich</b>	choice of bread	3.99

## VEGETARIAN

<b>Vegetarian Sandwich</b>	hummus or tzatziki, cheddar, lettuce, tomato, onion, cucumber, sprouts on multigrain bread	5.15
<b>Veggie Burger</b>	spicy vegetarian patty with lettuce, tomato, pickles, onion, mustard, tamarind sauce	4.99
<b>Samosa</b>	spicy potato, peas, chickpeas in pastry with tamarind sauce	1.99
<b>Coleslaw</b>	mustard, tamarind sauce with oil and vinegar garlic dressing	1.99

## BREAKFAST/ BAGELS AND TOAST

<b>Frittata</b>	egg, spinach, tomato, green onion, cheddar & jack cheese served with a slice of toast	3.29
<b>Breakfast Sandwich</b>	baked egg, peameal bacon, tomato, cheese on english muffin	2.59
<b>Bagel</b>	plain, whole wheat, cranberry, cinnamon raisin	1.75
<b>Bagel with Cream Cheese</b>		2.50
<b>Cinnamon Bread</b>		1.95
<b>Multigrain Bread, Egg Bread, Marble Rye Bread</b>		1.75

## DELECTABLE DESSERTS

<b>Brownie Slice (Original Deep Dutch)</b>	2.50
<b>Butter Tart Slice</b>	2.50
<b>Date Square Slice</b>	2.50
<b>Haystack Brownie Slice</b>	2.50
<b>Macaroon Madness Slice</b>	2.50
<b>Nanaimo Bar</b>	1.40
<b>Oh Henry Slice</b>	2.75
<b>Raspberry Cream Cheese Brownie Slice</b>	2.65
<b>Silk Chocolate Truffle Slice</b>	2.50

Prices subject to GST and PST. All prices subject to change without notice.

<b>Banana Bread</b>		1.90
<b>Lemon Poppyseed Loaf</b>		1.90
<b>Cookie</b>	chocolate chip, ginger snap, oatmeal raisin, peanut butter	1.85
<b>Cookie(Imperial)</b>		2.65
<b>Puffed Wheat</b>		1.85
<b>Peanut Butter Marshmallow Square</b>		2.45
<b>Rice Krispie Square</b>		1.85
<b>Danish (Raspberry Cream Cheese)</b>		2.65
<b>Pecan Tart</b>		2.65
<b>Muffin Tops</b>		1.35
<b>Whole Wheat Sticky Bun</b>		2.65
<b>Whole Wheat STicky Bun w/ Chocolate</b>		2.95
<b>Scones</b>	blueberry, cheese, raisin, apple cinnamon	2.10
<b>Veggie Roll</b>		2.50
<b>Apple Jack</b>		3.05
<b>Rootin Tootin</b>		2.65

Prices subject to GST and PST. All prices subject to change without notice.